
BLESSING OF EASTER FOODS

After the fasting of Lent, and the Easter Fast from Thursday night until the Vigil, the foods of Easter have a special place. The following blessing prayer may be used before the meal that breaks the Easter Fast.

God of glory,
the eyes of all turn to you
as we celebrate Christ's victory over sin and death.

Bless + us and this food of our first Easter meal.
May we who gather at the Lord's table,
continue to celebrate the joy of his resurrection
and be admitted finally to his heavenly banquet.

Grant this through Christ our Lord.
R/. Amen.

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CATHOLIC HOUSEHOLD BLESSINGS AND PRAYERS

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